




The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-435-5694 or visit us at www.pbaclaims.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-800-435-5694 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	<u>Deductible</u> per calendar year: PPO: \$1,000 Individual / \$3,000 Family Non-PPO: \$1,000 Individual / \$3,000 Family <u>Copayments</u> don't apply to the <u>deductible</u> .	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. PPO preventive care, services subject to copays (unless otherwise stated), and prescription drugs are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the out-of-pocket limit for this plan?	<u>Out-of-pocket limit</u> per calendar year: PPO: \$4,000 Individual / \$9,000 Family Non-PPO: \$6,000 Individual / \$13,000 Family Prescription Drugs: \$3,150 Individual / \$5,300 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	The <u>out-of-pocket limit</u> does not include non-compliance penalties, <u>premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a network provider?	Yes, your PPO is listed on your ID Card. For a list of network providers visit: Center Care: www.centercare.com (800) 972-7038 Sagamore: www.sagamorehn.com (800) 320-0015 When traveling outside your service area, contact First Health at www.myfirsthealth.com (800) 226-5115	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No	You can see the <u>specialist</u> you choose without a referral.

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		PPO Provider (You will pay the least)	Non-PPO Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$30 <u>copay</u> */visit (no deductible) and/or 30% <u>coinsurance</u>	40% <u>coinsurance</u>	* <u>Copay</u> applies to office visit only. <u>Deductible</u> and <u>coinsurance</u> apply to all other services. Chiropractic limit: 24-visit per calendar year
	<u>Specialist</u> visit			
	<u>Preventive care/screening/immunization</u>	No charge (no deductible)	40% <u>coinsurance</u>	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	30% <u>coinsurance</u>	40% <u>coinsurance</u>	—————none—————
	Imaging (CT/PET scans, MRIs)	30% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> is required.
If you need drugs to treat your illness or condition More information about <u>prescription drug coverage</u> is available at (844) 257-1955 www.truescripts.com	Generic drugs	\$10 <u>copay</u> (1 - 34-day supply) \$20 <u>copay</u> (35 - 90-day supply)		If a Brand-name drug is purchased when a Generic is available and allowed by the physician, you will be responsible for the cost difference between the Brand-name and Generic drug in addition to the copay. "Dispense as written" prescriptions require prior authorization from TrueScripts. <u>Cost sharing</u> does not apply to certain <u>preventive services</u> . Limit: 30-day supply The specialty drug formulary changes from time to time. To see if your prescription is covered under the plan, as well as the level of coverage, please contact TrueScripts at (844) 257-1955.
	Preferred brand drugs	Greater of \$30 <u>copay</u> or 20% (1 – 34-day supply) \$40 <u>copay</u> (35 – 90-day supply)		
	Non-preferred brand drugs	Greater of \$40 <u>copay</u> or 30% (1 – 34-day supply) \$60 <u>copay</u> (35 - 90-day supply)		
	<u>Specialty drugs</u>	Tier 1: \$150 <u>copay</u> Tier 2: 20% coinsurance to \$550 max Tier 3: 20% coinsurance to \$2,000 max Tier 4: 20% coinsurance Tier 5: 50% coinsurance		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> is required. The non-compliance penalty is \$500.
	Physician/surgeon fees	30% <u>coinsurance</u>	40% <u>coinsurance</u>	—————none—————

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		PPO Provider (You will pay the least)	Non-PPO Provider (You will pay the most)	
If you need immediate medical attention	<u>Emergency room care</u>	\$125 <u>copay</u> , <u>deductible</u> , and 30% <u>coinsurance</u>	Same as PPO	————none————
	<u>Emergency medical transportation</u>	30% <u>coinsurance</u>	Same as PPO	————none————
	<u>Urgent care</u>	\$50 <u>copay</u> */visit (no <u>deductible</u>) and/or 30% <u>coinsurance</u>	40% <u>coinsurance</u>	* <u>Copay</u> applies to office visit only. <u>Deductible</u> and <u>coinsurance</u> apply to all other services.
If you have a hospital stay	Facility fee (e.g., hospital room)	30% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> is required. The non-compliance penalty is \$500.
	Physician/surgeon fees	30% <u>coinsurance</u>	40% <u>coinsurance</u>	————none————
If you need mental health, behavioral health, or substance abuse services	Office visits	\$30 <u>copay</u> */visit (no <u>deductible</u>) and/or 30% <u>coinsurance</u>	40% <u>coinsurance</u>	* <u>Copay</u> applies to office visit only. <u>Deductible</u> and <u>coinsurance</u> apply to all other services.
	Outpatient services	30% <u>coinsurance</u>	40% <u>coinsurance</u>	————none————
	Inpatient services	30% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> is required. The non-compliance penalty is \$500.
If you are pregnant	Office visits	\$30 <u>copay</u> */visit (no <u>deductible</u>) and/or 30% <u>coinsurance</u>	40% <u>coinsurance</u>	* <u>Copay</u> applies to office visit only. <u>Deductible</u> and <u>coinsurance</u> apply to all other services. <u>Cost sharing</u> does not apply to certain <u>preventive services</u> .
	Childbirth/delivery professional services	30% <u>coinsurance</u>	40% <u>coinsurance</u>	————none————
	Childbirth/delivery facility services	30% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> may be required. The non-compliance penalty is \$500.
If you need help recovering or have other special health needs	<u>Home health care</u>	30% <u>coinsurance</u>	40% <u>coinsurance</u>	Limit: 40 visits per calendar year
	<u>Rehabilitation services</u>	30% <u>coinsurance</u>	40% <u>coinsurance</u>	————none————
	<u>Habilitation services</u>	30% <u>coinsurance</u>	40% <u>coinsurance</u>	————none————
	<u>Skilled nursing care</u>	30% <u>coinsurance</u>	40% <u>coinsurance</u>	Skilled Nursing Facility limit: 60-days per calendar year. <u>Preauthorization</u> is required. The non-compliance penalty is \$500.
	<u>Durable medical equipment</u>	30% <u>coinsurance</u>	40% <u>coinsurance</u>	————none————
	<u>Hospice services</u>	30% <u>coinsurance</u>	40% <u>coinsurance</u>	————none————

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		PPO Provider (You will pay the least)	Non-PPO Provider (You will pay the most)	
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	Not covered
	Children's glasses	Not covered	Not covered	Not covered
	Children's dental check-up	Not covered	Not covered	Not covered

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your plan document for more information and a list of any other excluded services.)

- | | | |
|---|---|---|
| <ul style="list-style-type: none"> • Acupuncture • Bariatric surgery • Cosmetic surgery • Dental care | <ul style="list-style-type: none"> • Hearing aids • Infertility treatment • Long-term care • Non-emergency care when traveling outside the U.S. | <ul style="list-style-type: none"> • Routine eye care • Routine foot care • Weight loss programs |
|---|---|---|

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- | | |
|--|--|
| <ul style="list-style-type: none"> • Chiropractic care (24-visit calendar year max) | <ul style="list-style-type: none"> • Private-duty nursing |
|--|--|

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform or the Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Professional Benefit Administrators, Inc., 900 Jorie Blvd. Suite 250; Oak Brook, IL 60523-3827 or 1-800-435-5694. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-435-5694.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's overall deductible</u>	\$1,000
■ <u>Specialist copayment</u>	\$30
■ Hospital (facility) <u>coinsurance</u>	30%
■ Other <u>coinsurance</u>	30%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Total Example Cost	\$12,700
---------------------------	-----------------

In this example, Peg would pay:

<i>Cost Sharing</i>	
<u>Deductibles</u>	\$1,000
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$3,000
<i>What isn't covered</i>	
Limits or exclusions	\$15
The total Peg would pay is	\$4,015

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's overall deductible</u>	\$1,000
■ <u>Specialist copayment</u>	\$30
■ Hospital (facility) <u>coinsurance</u>	30%
■ Other <u>coinsurance</u>	30%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*glucose meter*)

Total Example Cost	\$5,600
---------------------------	----------------

In this example, Joe would pay:

<i>Cost Sharing</i>	
<u>Deductibles</u>	\$360
<u>Copayments</u>	\$1,350
<u>Coinsurance</u>	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Joe would pay is	\$1,710

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's overall deductible</u>	\$1,000
■ <u>Specialist copayment</u>	\$30
■ Hospital (facility) <u>coinsurance</u>	30%
■ Other <u>coinsurance</u>	30%

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
Diagnostic test (*x-ray*)
Durable medical equipment (*crutches*)
Rehabilitation services (*physical therapy*)

Total Example Cost	\$2,800
---------------------------	----------------

In this example, Mia would pay:

<i>Cost Sharing</i>	
<u>Deductibles</u>	\$1,000
<u>Copayments</u>	\$220
<u>Coinsurance</u>	\$400
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Mia would pay is	\$1,620

The plan would be responsible for the other costs of these EXAMPLE covered services.